

विवेक वाहिनी समिती
(2023-24)

अ. क्र.	नाव	पद
१	प्रा. डॉ. विनोद कांबळे	अध्यक्ष
२	प्रा. पी. यु. महामुनी	उपाध्यक्ष
३	प्रा. दिपक सूर्यवंशी	सचिव
४	डॉ. बी. टी. जाधव	सदस्य
५	प्रा. किरण सकट	सदस्य
६	सुदेश गरड	विद्यार्थी प्रतिनिधी
७	स्वाती गडदे	विद्यार्थी प्रतिनिधी

Padmabhushan Vasantrodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

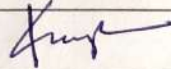
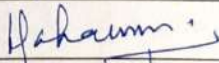
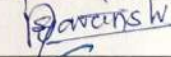
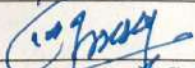
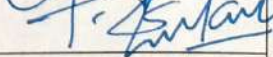
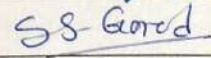
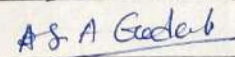
Date: 07/08/2023

Meeting Notice

All the members working in Vivek Vahini Committee are requested to attend meeting arranged on dated 09/08/2023, 11.00 am. in the Department of Psychology.

Agenda:

- Planning activities for promoting scientific temper
- Awareness programs against superstition
- Discussion on student participation
- Planning guest lectures/workshops

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

Padmabhushan Vasanttraodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

Date: 09/08/2023

Proceedings of the Meeting

The meeting started with a welcome note by the Chairperson. The importance of Vivek Vahini in developing rational thinking among students was discussed. It was decided to organize awareness programs such as lectures, street plays, and workshops. Members suggested conducting campaigns on superstition eradication. Student involvement strategies were discussed.

Decisions Taken:

- Organize at least one awareness program per semester
- Conduct guest lecture on scientific thinking
- Arrange poster competition on social awareness
- Encourage student volunteers

Attendance:

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

Padmabhushan Vasantodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

Date: 15/01/2024

Meeting Notice

All the members working in Vivek Vahini Committee are requested to attend meeting arranged on dated 17/01/2024, 11.00 am. in the Department of Psychology.

Agenda:

- Review of previous activities
- Evaluation of student participation
- Planning future initiatives
- Feedback and improvements

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

Padmabhushan Vasantrodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

Date: 17/01/2024

Proceedings of the Meeting

The meeting started with a welcome note by the Chairperson. Review of activities conducted in the first term was presented. Members discussed the success and challenges faced during programs. Feedback from students was analyzed. Suggestions were given for improving participation and awareness impact.

Decisions Taken:

- Increase frequency of awareness campaigns
- Use digital platforms for spreading awareness
- Collaboration with Maharashtra Andhashraddha Nirmulan Samiti Branch – Kavathe Mahankal
- Encourage student volunteers

Attendance:

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

विवेक वाहिनी समिती

(2024-25)

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Padmabhushan Vasandraodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

Date: 12/08/2024

Meeting Notice

All the members working in Vivek Vahini Committee are requested to attend meeting arranged on dated 14/08/2024, 11.00 am. in the Department of Psychology.

Agenda:

- Planning activities for promoting scientific temper
- Awareness programs against superstition
- Discussion on student participation
- Planning guest lectures/workshops

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

Padmabhushan Vasantrodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

Date: 14/08/2024

Proceedings of the Meeting

The meeting started with a welcome note by the Chairperson. The importance of Vivek Vahini in developing rational thinking among students was discussed. It was decided to organize awareness programs such as lectures, street plays, and workshops. Members suggested conducting campaigns on superstition eradication. Student involvement strategies were discussed.

Decisions Taken:

- Organize at least one awareness program per semester
- Conduct guest lecture on scientific thinking
- Awareness campaign of Eco-friendly Festivals
- Encourage student volunteers

Attendance:

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

Padmabhushan Vasantrodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

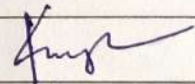
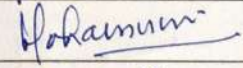
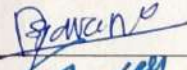

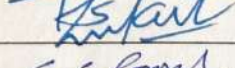
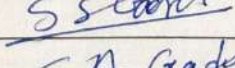
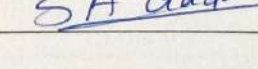
Date: 08/01/2025

Meeting Notice

All the members working in Vivek Vahini Committee are requested to attend meeting arranged on dated 10/01/2025, 11.00 am. in the Department of Psychology.

Agenda:

- Review of previous activities
- Evaluation of student participation
- Planning future initiatives
- Feedback and improvements

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

Padmabhushan Vasantodada Patil Mahavidyalaya, Kavathe Mahankal

VIVEK VAHINI

Date: 10/01/2025

Proceedings of the Meeting

The meeting started with a welcome note by the Chairperson. Review of activities conducted in the first term was presented. Members discussed the success and challenges faced during programs. Feedback from students was analyzed. Suggestions were given for improving participation and awareness impact.

Decisions Taken:

- Increase frequency of awareness campaigns
- Use digital platforms for spreading awareness
- Collaborative activities with Maharashtra Andhashraddha Nirmulan Samiti Branch – Kavathe Mahankal
- Encourage student volunteers

Attendance:

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mrs. P. U. Mahamuni	Vice-chairperson	
3	Mr. D. S. Suryavanshi	Secretary	
4	Dr. B. T. Jadhav	Member	
5	Mr. Kiran Sakat	Member	
6	Sudesh Sanjay Garad	Student Representative	
7	Swati Appaso Gadade	Student Representative	

समुपदेशन समिती

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२	प्रा. दिपक सूर्यवंशी	सचिव
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४	स्वाती गडदे	विद्यार्थी प्रतिनिधी
५	सागर सूर्यवंशी	विद्यार्थी प्रतिनिधी

Padmabhushan Vasanttraodada Patil Mahavidyalaya, Kavathe Mahankal

COUNSELING COMMITTEE

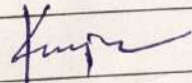
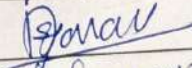
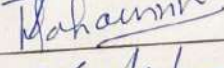
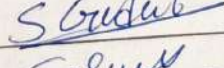
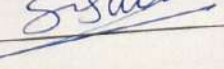
Date: 04/08/2025

Meeting Notice

All the members working in Counseling Committee are requested to attend meeting arranged on dated 06/08/2025, 11.00 am. in the Department of Psychology.

Agenda:

- Introduction to counseling services
- Identification of student issues
- Planning counseling activities for the semester
- Awareness programs on mental health

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mr. D. S. Suryavanshi	Secretary	
3	Mrs. P. U. Mahamuni	Member	
4	Swati Gadade	Student Representative	
5	Sagar Suryawanshi	Student Representative	

Padmabhushan Vasanttraodada Patil Mahavidyalaya, Kavathe Mahankal

COUNSELING COMMITTEE

Date: 06/08/2025

Proceedings of the Meeting

The meeting started with a welcome address by the Chairperson. The importance of student counseling for mental well-being and academic success was discussed.

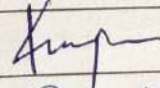
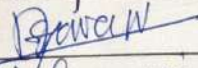
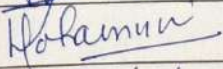
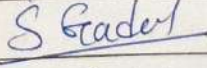
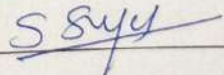
Common issues identified:

- Social media addiction
- Lack of motivation
- Career confusion
- Adjustment problems for new students

Decisions Taken:

- Conduct individual and group counseling sessions
- Monthly counseling sessions to be conducted
- Orientation program for first-year students
- Awareness campaign on mental health

Attendance:

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mr. D. S. Suryavanshi	Secretary	
3	Mrs. P. U. Mahamuni	Member	
4	Swati Gadade	Student Representative	
5	Sagar Suryawanshi	Student Representative	

Padmabhushan Vasantrodada Patil Mahavidyalaya, Kavathe Mahankal

COUNSELING COMMITTEE

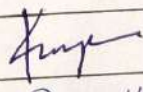
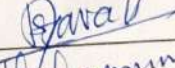
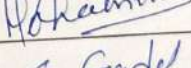
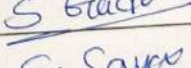
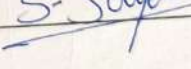
Date: 29/01/2026

Meeting Notice

All the members working in Counseling Committee are requested to attend meeting arranged on dated 31/01/2026, 11.00 am. in the Department of Psychology.

Agenda:

- Review of previous counseling activities
- Evaluation of student participation
- Discussion on new challenges
- Planning for next semester

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
2	Mr. D. S. Suryavanshi	Secretary	
3	Mrs. P. U. Mahamuni	Member	
4	Swati Gadade	Student Representative	
5	Sagar Suryawanshi	Student Representative	

Padmabhushan Vasantrodada Patil Mahavidyalaya, Kavathe Mahankal

COUNSELING COMMITTEE

Date: 31/01/2026

Proceedings of the Meeting

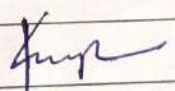
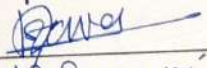
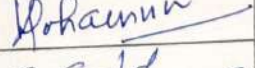
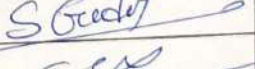

The meeting started with a welcome address by the Chairperson. The importance of student counseling for mental well-being and academic success was discussed.

- Taken review of activities conducted
- Discussed on more counseling sessions
- Feedback from students was discussed
- Planned for stress free exams. campaign

Decisions Taken:

- Increase frequency of counseling sessions
- Conduct exam. stress management discussion sessions
- Introduce peer counseling system

Attendance:

Sr. No.	Name	Designation	Sign.
1	Dr. Vinod Kamble	Chairperson	
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3	Mrs. P. U. Mahamuni	Member	
4	Swati Gadade	Student Representative	
5	Sagar Suryawanshi	Student Representative	

PADMABHUSHAN VASANTRAODADA PATIL MAHAVIDYALAYA

Kavathe Mahankal, Dist. Sangli (Maharashtra) Pin – 416 405

Phone – 02341-295220

Email – kmpvp@rediffmail.com

Website – www.pvpkm.ac.in



Department of Psychology



Student Counselling Form

Student Details:

Name: संजना (जाव बकल) Age: 20 Years Gender: Male / Female

Class: BA-II

Marital Status: Married / Unmarried

Family Background:

Total Family Members: 06 Family Type: Joint / Nuclear / Single Parent

No. of Employed Members: 01 No. of Unemployed Members: 05

Monthly Income of Family: Rs. 40000 Socio-Economic-Status: Lower / Middle / Higher

Address: श- बाज सा- जल जि- सांगली

महाराष्ट्र

Mobile No.: 9970801135

Academic History: Lower / Medium / Higher

Likings: योगा, सायकलिंग, हस्तकला, फोटोग्राफी, प्लास

Disliking: पुस्तक वाचन, संग्रह करणे, कठीण काम करणे

Life Goal: व्यवसाय

Physical Disability: Yes / No

Psychological Disability: Yes / No

History of any Physical or Psychological Problem (Genetic Problem): Yes / No

(If Yes) Mention Details: _____

Session No.

1

Brief Description of Student's Problem:

परिक्षेचा दबाव घेऊन जगाव लागतय,
शिक्षक व पाठ्यक्रमाचा अवास्तव अपेक्षा
विचार भरकटणे./कंटाळा,
सतत चिंता वाटते, सतत दुःखी वाटते.

Diagnosis by Counsellor:

चिंता विकृती

Counselling Provided by Counsellor:

CBP - नकारात्मक विचार ओळखणे, चुकीच्या कल्पना बदलणे
ET - चिंता ज्यामुळे होते त्याचा हळूहळू पध्दतीने सामना करवून घेणे
Mindfulness Therapy - शरीर मन शांत होणे
ACT - आवर्णाचे नियोजन
DBT - आवर्णिक संतुलन, समस्या सोडवण्याची कौशल्ये.

Recommended Activities:

समस्या सोडवण्याचे छोटे टास्क
मेमरी गेम
फिलिंग चार्ट.

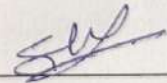
Date: 02/09/2025

Next Follow-up Date: _____

Student's Name:

संजना (नाव बदलून)

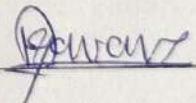
Signature:



Counselor's Name:

Sanyawanshi D-S

Signature:



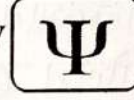
PADMABHUSHAN VASANTRAODADA PATIL MAHAVIDYALAYA

Kavathe Mahankal, Dist. Sangli (Maharashtra) Pin – 416 405

Phone – 02341-295220 Email – kmpvp@rediffmail.com Website – www.pvpkm.ac.in



Department of Psychology



Student Counselling Form

Student Details:

Name: विजय (नाव बरदून) Age: 21 Years Gender: Male / Female

Class: BA-I Marital Status: Married / Unmarried

Family Background:

Total Family Members: 04 Family Type: Joint / Nuclear / Single Parent

No. of Employed Members: 01 No. of Unemployed Members: 03

Monthly Income of Family: Rs. 20000/- Socio-Economic-Status: Lower / Middle / Higher

Address: श- छत्रगाव, ता- कवठे-सहाकाळ जि- सांगली

Mobile No.: 989021529

Academic History: Lower / Medium / Higher

Likings: चित्रकला, सायकलिंग, प्रवास, ~~खेळ~~ पोहणे

Disliking: व्यायाम, वाचन, लिखन.

Life Goal: व्यवसाय.

Physical Disability: Yes / No

Psychological Disability: Yes / No

History of any Physical or Psychological Problem (Genetic Problem): Yes / No

(If Yes) Mention Details: _____

Session No.

1

Brief Description of Student's Problem:

उदास वारणे. लीन लोकांशी बोलण्याची अडचण,
नियम पाळण्यात अडचणी, व्यसन,
शिक्षकांसोबत वाद, शोपेचे व भाडाराचे बदल
अभ्यासासोबत इतर जबाबदाऱ्या

Diagnosis by Counsellor:

अवसाद

Counselling Provided by Counsellor:

CBT - नकारात्मक विचार लिहून काढणे
Time Management Skills - ~~प्र~~ प्राधान्यक्रम यादी
Expressive Activities
Social Skills Training.
Study Skills Training.

Recommended Activities:

दररोज तीन गोष्टी लिहायच्या ज्या बदल लो Thank you सोबत
आवल्याचे छोटे आनंद देणारे कामाचे पत्रे
विकासात लक्ष विचलीत करणाऱ्या गोष्टी लिहून घ्यायच्या

Date:

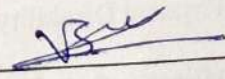
03/10/2025

Next Follow-up Date:

Student's Name:

विजय (नाव बदलून)

Signature:



Counselor's Name:

Suryawanshi D.S

Signature:

